NSW Long Distance Orienteering Championships 2012 (State League 13) Event Information - August Update

Date: Sunday 9th September 2012

Venue: Gumble, west of Molong

Map: Gumble Pinnacles, 1:10,000 by Eric Andrews 2001, minor updates 2012

Organiser: Robert Spry, 0402 040210, for Bennelong Northside Orienteers

Planner: Rodney Parkin (BNO)

Controller: Ron Junghans (GO)

Embargo: The entire area of the 2001 Gumble Pinnacles map is embargoed until the event. Orienteers are forbidden from entering or training on the map. The entire map area is private property. Thanks to the property owner, Murray Price, for allowing us to use the area.

Course	Age classes	Approximate Length (km)
Hard 1	M21A	12.3
Hard 2	M-20A, M35A	9.8
Hard 3	M40A, W21A	8.7
Hard 4	M-18A, M45A	7.8
Hard 5	M50A, W-20A, W35A, W40A, M21AS	6.5
Hard 6	M-16A, M55A, W45A	5.9
Hard 7	M60A, M65A, W-18A, W50A, M35AS	5.2
Hard 8	M70A, W-16A, W55A, W60A, M45AS, W21AS	4.4
Hard 9	M75A, W65A, W70A, M55AS, W55AS, W35AS, W45AS	3.9
Moderate	M-14A, W-14A, MOpenB, WOpenB	3.7
Easy	M-12A, W-12A, M/WopenC	2.4
Very easy	M-10A, W-10A, M/W-10N	1.9

Age is as at 31/12/12.

Entries: On-line entry is available from the Bennelong Northside Orienteers website, www.bennelongnorthside.com.au. Closing date for entries is **26 August 2012**.

Pre-Entry fees: Senior Member \$30.00

Junior Member (age 13 to 20) \$20.00 Sub-junior Member (under 13) \$15.00

Fees include OA levies and the landowner access fee.

Only members of NSW affiliated orienteering Clubs or other State or international orienteering organisations can enter the NSW Long Championships. Non-members are welcome to do an Enteron-day course, see below.

Directions:

From Orange: travel to Molong. Continue NW through Molong on Mitchell Highway for 1.5 km, turn left (signposted to Cumnock). Cross railway line, proceed 4 km and turn left (signposted to Manildra). After 5 km turn right (signposted to Gumble), then turn left after 0.6 km. Follow the sealed road for

3.4 km. Soon after the end of the seal, turn left into a rough forest road and follow for 2.5 km. This road is NOT RECOMMENDED for vehicles with low clearance, such vehicles should be parked at the forest road turnoff and a lift obtained with other orienteers.

Total distance 18 km from Molong, 53 km from Orange. Orienteering signs will be provided from the Cumnock turnoff. Allow 30 minutes from Molong.

From south and west: travel via Cudal or Parkes to Manildra. Proceed 8 km NE on the Molong Road, turn left after 6 km. Follow the sealed road as above.

Park as directed by officials. Parking is limited so please car-share if possible. If there is heavy rainfall before the event, access and parking may need to be further restricted and this will be notified on the website.

The Assembly area will be up to 700m walk from the car parking, along a gravel road.

GPS Coordinates: Forest road turnoff -33.0646, 148.7097

Accommodation: There is very limited accommodation in Molong, however a full range of accommodation is available in Orange.

SportIdent: Sportident electronic timing will be used for all courses. SI sticks can be hired using the Entry form, at a cost of \$ 4.00. Collect hire sticks from the registration tent at the event.

Start Times: From 9:30 am. Start lists will be posted on the Bennelong Northside website 7 days before the event.

There is one start for all courses, an easy 500m level walk from the Assembly Area. Allow 10 minutes.

Enter on Day Courses: Medium, Easy and Very Easy enter-on-day courses will be available at a reduced price for newcomers. At least one Hard course will also be available to enter on day at the pre-entry price. Enter-on-day starts will be available between 10:00 am and 11:00 am.

Local Government Election Reminder: Local Government elections are being held for NSW voters on Saturday, 8 September. As there is no absentee voting in this election, voters should arrange a pre-poll or postal vote. Visit www.votensw.info.

Disclaimer: "In entering this Orienteering event, I recognise that the sport of orienteering has certain inherent risks due to its conduct in the natural environment. Included in these risks are injury due to rough terrain and obstacles and the effects of heat, cold and exhaustion. I am also aware that there is no personal accident insurance on my participation in the sport and that I take part at my own risk.'