

NSW Middle Distance Orienteering Championships - State League 12

Preliminary Information

Date: Saturday 8th September
Venue: The Rocks property, Mitchell Highway 15km west of Bathurst
Map: "Kahli's Rocks North" - Scale 1:10,000, 5m contours – Eric Andrews 1995, minor updates 2012
Terrain: Open farmland and native forest with many granite outcrops, undulating to steep in parts.
Organiser: Phillip Schwebel 63651119 for Goldseekers Orienteering Club
Planner: Jean Baldwin (GS)
Controller: Gordon Wilson (BNO)

Course	Age classes	Approximate Length (km)
HARD 1/2	M21A, M-20A, M35A	6.0
HARD 3/4	M40A, W21A, M-18A, M45A	4.5
HARD 5	M50A, W-20A, W35A, W40A, M21AS	3.8
HARD 6	M-16A, M55A, W45A	3.5
HARD 7	M60A, M65A, W-18A, W50A, M35AS	3.2
HARD 8	M70A, W-16A, W55A, W60A, M45AS, W21AS	2.8
HARD 9	M75A, W65A, W70A, M55AS, W55AS, W45AS, W35AS	2.5
MODERATE	M14A, W14A, MOpenB, WOpenB	2.5
EASY	M12A, W12A, M/WOpenC	2.3
VERY EASY	M10A, W10A, M/W-10N	1.5

Age as at 31/12/2012

Directions:

FROM SYDNEY - Travel from Sydney on the Mitchell Highway/Bathurst Road. After travelling through Bathurst, continue for 15km west towards Orange. After crossing Rocks Creek and starting to climb the escarpment, look out for "O" signs directing you to turn left off the highway into a gateway on private property marked Kahli's Gate. Follow signs for 1.4km on farm track to the assembly area.

FROM ORANGE - Follow the Mitchell Highway towards Bathurst for approximately 35km. After crossing Rocks Creek and starting to descend the escarpment, look for "O" signs directing you to turn right off the highway into a gateway on private property marked "Kahli's Gate". Take great care when crossing the highway. IF THERE IS HEAVY TRAFFIC, CONTINUE TO THE BOTTOM OF THE HILL, DO A U-TURN WHERE SAFE AND DRIVE BACK UP THE HILL TO THE GATE.

Accommodation: A wide range of accommodation is available in Orange including motels, bed and breakfast and caravan parks. www.stayorange.com.au

SportIdent: Sportident timing will be used for all courses. SI hire sticks are available for \$4, if required please indicate on entry form.

Entries: On-line entry will be available for SL12 and 13 on the Bennelong Northside Orienteers website www.bennelongnorthside.com.au from July 2012.

Pre-entry	Senior Member	\$21.00
	Junior member (age 13 to 20)	\$14.00
	Sub-Junior member (under 13)	\$10.50
	Family	\$63.00
EOD	All competitors	\$15.00
Non-members of an orienteering club pay an additional fee of \$3.00.		

Enter-on-day Courses: Hard 7, Moderate, Easy and Very Easy courses will be available between 2 and 3pm after all pre-entered competitors have started on those courses.

Start Times: From 1pm

Disclaimer: "In entering this orienteering event, I recognise that the sport of orienteering has certain inherent risks due to its conduct in the natural environment. Included in these risks are injury due to rough terrain and obstacles and the effects of heat, cold and exhaustion. I am also aware that there is no personal accident insurance on my participation in the sport and that I take part at my own risk."
